## **3M Support & Services**

Your responsibility to protect your workforce is a continual balancing act, requiring you to stay at the forefront of technology and on top of standards and regulations. It's an ongoing effort to maximize both the output of your workers and to protect their health and safety.

Tap into a go-to resource that puts you at the leading edge of occupational health and safety, bringing you the most advanced products and regulatory expertise, and offering extensive technical service and support to help keep your workforce in compliance.

When you use 3M products, you gain access to a full range of resources including onsite training and testing to help ensure a proper fit, correct usage and care; online and web-based tools; customized consultation; and more. All are offered at no cost to you.

### **Global Customer and Technical Service Resources**

3M has dedicated technical support personnel placed worldwide in over 60 countries, enabling us to serve your total global needs.

Our U.S. Technical Service helpline is staffed with employees who understand occupational health and safety and can help answer your product-related questions. Many 3M Technical Service employees are Certified Industrial Hygienists (CIHs) or Certified Safety Professionals (CSPs) and are actively involved in professional safety organizations such as ASSE (American Society of Safety Engineers) and AIHA (American Industrial Hygiene Association).

### 3M Personal Protective Equipment (PPE) Cost Savings Solutions

Looking for ways to optimize costs? 3M will help you evaluate your PPE usage and offer potential savings through product rationalization and consolidation. We offer unique tools for category management that can help you meet your business objectives. Contact your local 3M Sales Representative for full program details or visit 3M.com/CostSavingSolutions.

# **3M Support & Services**



### **Product-Related Seminars & Support**

#### **Respiratory Fit Testing & Training Information**

The Occupational Safety and Health Administration (OSHA) General Industry Standard for Respiratory Protection 29 CFR 1910.134 requires employers to have a written respiratory protection program in place. This program typically includes medical evaluations and respiratory fit testing.

3M helps you achieve regulatory compliance with a range of services focused on OSHA requirements. These include customized online respiratory medical evaluations to help optimize compliance testing and tracking; product selection tools; instructional tools for conducting OSHA-required product usage training; and cartridge service life software to help keep you in compliance.

#### Powered & Supplied Air Training Tools

Gain a fuller understanding of how to use and care for your powered and supplied air respiratory protection equipment. This series includes training videos, posters and literature providing information on how to clean, assemble and maintain your system.

#### **Hearing Conservation Seminars**

3M offers free on-site employee educational seminars focused on hearing conservation. Topics include current regulations, equipment choices, employee training programs, and issues related to noise hazards and hearing protection. Content is provided for both plant managers and workers. Seminars are conducted nationwide by 3M's team of HearForce<sup>™</sup> CAOHC certified managers.

Hearing conservation technicians and occupational health professionals seeking certification as an Occupational Hearing Conservationist (OHC) can also attend Hearing Conservation courses that 3M helps facilitate at Minnesota's Midwest Center for Occupational Health and Safety and throughout the country.

#### 3M<sup>™</sup> Peltor<sup>™</sup> Communications Headsets

Get a firsthand look at the latest advancements in electronic headsets. Meet with a specialist and learn how these headsets filter out noise while permitting the user to hear and be heard in extremely loud conditions. Get an on-site demonstration of communications options applicable to your needs, and try out the newest products including headsets with built-in programmable two-way radios, wireless Bluetooth<sup>®</sup> headsets, and noise attenuating headsets that plug into your existing 2-way radios. For more information call 800-665-2942.

#### 3M Welding Hazard Seminars & Educational Information

Attend a local seminar to increase your knowledge of worker safety and hazards pertaining to welders. These seminars will build your awareness of safety standards and employer responsibilities and can support your efforts to stay in compliance with OSHA regulations. Topics include regulations and standards, respiratory hazards and protection, engineering controls, benefits of autodarkening filters, eye and face impacts, fall protection, and productivity considerations; as well as arc radiation, noise and heat stress hazards.

Welding instructors and students can also access customized training materials including videos and ready-to-use presentations at our website. Visit 3M.com/WeldingSafety.

#### **Detection & Monitoring Training**

Develop best practices for identifying, monitoring and eliminating potential hazards. Quest Technologies, now part of 3M, offers a variety of training seminars designed to help you better understand applicable standards and guidelines. Seminars offered are recognized by ABIH and BCSP. CIHs/CIAHs/CSPs can earn CM and COC credits through attendance. Visit 3M.com/Detection.

## **3M Support & Services**



#### **Educational Seminars Available:**

- Occupational Noise Exposure Measurement (1 day)
- Noise and Heat Stress Measurements, A Best Practice Approach (1/2 day)
- Heat Stress Management and Control (1/2 day)
- Detection University Noise, Heat Stress and Indoor Air Quality Instrumentation Training (4 Days)

3M also offers calibration and repair service for our line of occupational and industrial hygiene instrumentation. Many of our products are used in potentially explosive atmospheres and require strict adherence to our original proprietary design specifications for service and repairs. Accredited calibrations are important as they provide validation of data if challenged by third parties, ensure that intrinsic safety has not been compromised, and offer confidence in the technical sufficiency of the calibration.

#### Hazard-Based Protective Eyewear Seminars

Designed for industrial and government facilities requiring use of eye and face protection, these one-hour programs are recommended for employees, industrial hygienists, health and safety professionals and medical staff. Topics include regulations and standards governing eye protection and options for selecting the right protective eyewear for the job. Training focuses on common eye hazards such as impact, dust, liquid or chemical splash and optical radiation. Participants can try out samples of protective eyewear suitable to their job.

#### **Occupational Prescription Eyewear (SRx)**

Equip your workers with prescription safety eyewear that is professionally fitted for maximum comfort. 3M offers industryleading SRx programs backed with innovative administrative tools and a nationwide dispensing services network. We'll help you establish a program customized to your needs. Workers can choose from a comprehensive selection of frame styles and lens materials as well as the latest lens and coating technologies, including popular Progressive Addition Lenses (PALs).

#### Fall Protection Training & Support

When your employees are working at dangerous heights, they need to be aware of relevant safety regulations and how to choose and use proper fall protection equipment for each job. Our experienced fall protection specialists offer on-site training and drop testing demonstrations using multi-component test trailers.

#### **Emergency Preparedness**

Preparing for and responding to natural and man-made disasters is one of the biggest challenges faced by organizations in both the private and public sectors. 3M's safety professionals will work with you to assess personal protective equipment needs and develop strategies to prepare your organization for business continuity during catastrophic events. In addition, we offer training CDs and website videos, online medical evaluations and planning and capacity tools, as well as extensive product documentation and technical support.

#### **Online Respirator Medical Evals**

- Available 24/7
- 97% Average Pass Rate
- English & Spanish

#### **Regulatory Compliance Services from 3M**

3M facilitates a convenient method for employers to obtain medical evaluation of respirator wearers as required by the OSHA Respiratory Protection Standard, 29 CFR 1910.134\*.

#### **Online Respirator Medical Evaluations**

- Using any computer with Internet access, the employer creates one or more Respirator Profiles describing the respirator type, the work being done and the conditions under which the respirator(s) is used.
- Each employee logs on to a secure web site using a unique personal password. The employee then fills out the on-line questionnaire and submits it for evaluation.
- The employee receives immediate notification of his/her respirator use status.
- Within minutes after employees have completed the questionnaire, the employer can find out the respirator use status of those employees.
- Employees and the employer are notified within one (1) business day after completion of the questionnaire regarding status of any employees requiring further evaluation.
- All data is stored behind a firewall on a secure server. The employer does not have access to the employees' private health information.

Visit respexam.com to order 800-383-3393

<sup>\*</sup>This service is not designed to meet the medical surveillance requirements of substance-specific OSHA health standards.

## Website & Online Resources



#### 3M.com/PPESafety or m.3M.com/PPESafety

3M's websites are available 24/7 and provide extensive information, resources, video and technical data for you and your customers.

#### Distributor Portal: 3M.com/OHESDistributor

### Other direct links to product specific web pages: **Respiratory**

3M.com/Respiratory

Resources on this site include: Six-Step Respiratory Protection Program, Respirator Selection Guide Software, Cartridge Replacement Program Documents and Information, Hazards In The News, Filter Replacement Program, and more.

#### **Hearing Conservation**

3M.com/Hearing

Resources on this site include: 3M<sup>™</sup> E-A-R Log<sup>™</sup> Technical Monographs Series, Audio Demonstration Webinars, Noise Navigator<sup>™</sup> Sound Level Database, Training Audios and Hearing Conservation Clinics, information about the EPA's new NRR standard, and more.

For posters, DVDs, tech data bulletins, training videos and product samples 3M.com/PPESafety

#### Welding

3M<sup>™</sup> Speedglas<sup>™</sup> Products Homepage: 3M.com/Speedglas Welding Student & Educator Portal: 3M.com/WeldingSafety

#### **Fall Protection**

3M.com/FallProtection

Detection & Monitoring 3M.com/Detection

Body Protection 3M.com/ProtectiveCoveralls

Powered and Supplied Air Respirators 3M.com/Versaflo

Occupational Health Construction Page 3M.com/WorkerSafety

HexChrome Website 3M.com/HexChrome

YouTube<sup>®</sup> youtube.com/3MPPESafetySolutions

Facebook<sup>®</sup> – 3M<sup>™</sup> Speedglas<sup>™</sup> Welding facebook.com/Speedglas

JobHealth Highlights Newsletter 3M.com/JHH

#### **Additional PPE Training Courses**

3M Technical Service may also be able to offer larger audiences half or full day training on a variety of topics related to respiratory, hearing, eye and welding protective equipment applications and regulations. Contact your 3M Sales Representative for more information.

For more information about these training programs and others, visit 3M.com/PPESafety or call 800-328-1667. Or call 3M OH&ESD Technical Service at 800-243-4630.